



ENCORE CAFÉ

April 2024

Monday	Tuesday St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	Wednesday Low Park 4500 N 10th St Marion	Thursday Low Park 4500 N 10th St Marion	Friday Marion Library 1101 6th Ave Marion
1	2 Creamy Chicken Breast Sliced Ham & Pineapple Scalloped Potatoes Fresh Fruit Carrot Cake	3 Creamy Chicken Breast Sliced Ham & Pineapple Scalloped Potatoes Fresh Fruit Carrot Cake	4 Spaghetti & Meatballs Chicken Alfredo Garlic Bread Green Beans Amandine Cookies	5 Meatloaf Creamy Chicken Breast Rice Pilaf Warm Peas Melon Medley Carrot Cake
8	9 Meatless Lasagna Chicken Alfredo Breadstick Steamed Broccoli Birthday Rice Krispie Treat	10 Breaded Tenderloin Grilled Chicken Breast Sandwich Steamed Green Beans Sliced Apples	11 Hot Turkey Sandwich Chicken Strips Mashed Potatoes/Gravy Mandarin Oranges Birthday Rice Krispie Treat	12 Chicken Salad on a Croissant Meatball Sub Sandwich Roasted Vegetables Pea & Cheese Salad
15	16 Orange Chicken Beef and Broccoli White/Fried Rice Egg Rolls Fortune Cookie	17 Salisbury Steak Chicken Salad on a Croissant Steamed Vegetables Banana Vanilla Pudding	18 Creamy Chicken and a Biscuit Pulled Pork Sandwich Roasted Red Potatoes Sliced Apples	19 Fried Chicken Sloppy Joe Mac & Cheese Steamed Corn Peaches
22	23 Creamy Chicken & Rice Casserole Sloppy Joe Candied Carrots Fruited Jello	24 Baked Potato Bar Toppings Chili Steamed Broccoli Cheese Sauce	25 Meatloaf Grilled Chicken Buttered Corn Fresh Grapes Banana Bread	26 Breaded Pork Tenderloin Cheese Burger Bacon Ranch Potato Salad Pickled Beet Salad Birthday Cake
29	30 Meatloaf Marinated Chicken Breast Roasted Red Potatoes Fresh Cut Fruit Oatmeal Cookie			All meals include milk, OJ, iced tea, coffee, and salad bar.

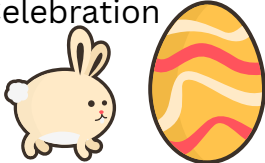















Please make reservations by 1:00 pm the day before dining by calling **319-398-2585**.
Meals served 11:30 am – 12:30 pm. Menu subject to change. See back side for events!

HELLO SPRING



ENCORE CAFÉ April 2024



Monday	Tuesday St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	Wednesday Lowe Park 4500 N 10th St Marion	Thursday Lowe Park 4500 N 10th St Marion	Friday Marion Library 1101 6th Ave Marion
1	2 Spring Celebration 	3 Spring Celebration 	4	5 Music by Mike Maas  Spring Celebration 
8	9 April Birthday Celebration 	10	11 April Birthday Celebration 	12
15	16 Pet Food Distribution 	17 Pet Food Distribution 	18	19 12:15 Home Safety/Aging in Place Presentation 
22 <i>Earth Day</i>	23 Heritage Care Team Visit 	24 Heritage Care Team Visit 	25 12:15 Bone Health and Physical Activity Presentation 	26 April Birthday Celebration  Heritage Care Team Visit 
29	30 12:15 Bone Health and Physical Activity Presentation  <i>National Oatmeal Cookie Day</i>	National Volunteer Month National Garden Month Move More Month 		

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