

ENCORE CAFÉ May 2024

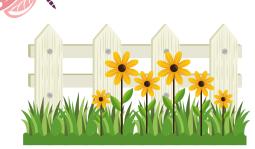
Monday	Tuesday St. Mark's UMC 4700 Johnson Ave NW Cedar Rapids	Wednesday Lowe Park 4500 N 10th St Marion	Thursday Lowe Park 4500 N 10th St Marion	Friday Marion Library 1101 6th Ave ^{Marion}
All meals include milk, OJ, iced tea, coffee, and salad bar.		Lasagna Chicken Alfredo Breadstick Steamed Broccoli Fruited Jello	Chicken Taco Beef Taco Topping Bar Spanish Rice Fresh Cut Fruit Brownies	Beef Enchilada Chicken Quesadilla Salsa & Sour Cream Spanish Rice Mandarin Oranges Brownies
6	7 Chicken Taco Beef Taco Topping Bar Spanish Rice Fresh Cut Fruit Brownies	8 Creamy Chicken Breast Sliced Turkey Scalloped Potatoes Melon Medley Birthday Cupcakes	Breaded Pork Tenderloin Grilled Chicken Sandwich Steamed Green Beans Sliced Apples	Hot Turkey Sandwich Chicken Strips Mashed Potatoes Gravy Mandarin Oranges
13	14 Goulash Cheese Burger Cheesy Cauliflower Peaches Birthday Cupcake	Turkey and Rice Casserole Pulled Pork Sandwich Baked Beans Tomato Cucumber Salad	16 Baked Potato Bar Toppings Chili Steamed Broccoli Cheese Sauce	Ruben Sandwich Fish Sandwich Roasted Zucchini and Squash Greek Feta Pasta Salad Cookie
20	21 Salisbury Steak Creamy Chicken Breast Rice Pilaf California Vegetables Sliced Apples	Cashew Chicken Beef and Broccoli White/Fried Rice Egg Roll Fortune Cookie	Pork Loin Baked Fish Dinner Roll/Butter Peas and Carrots Cookie	24 Salisbury Steak Grilled Chicken Buttered Corn Fresh Grapes Banana Bread
27	28 Chicken Salad on a Croissant Meatball Sub Sandwich Green Beans Pickled Beet Salad	29 Meatloaf Sliced Ham Mac & Cheese Candied Carrots Banana	30 Grilled Hamburger Grilled Brat/Sauerkraut Roasted Red Potatoes Mediterranean Penna Pasta Salad	31 BBQ Beef Sandwich Creamy Chicken and a Biscuit Mashed Sweet Potatoes Birthday Cupcakes

Please make reservations by 1:00 pm the day before dining by calling **319-398-2585**. Meals served 11:30 am – 12:30 pm. Menu subject to change. See back side for events!





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Older Americans Month Arthritis Awareness Month May 31 - National Senior Health and Fitness Day National Salad Month		1	Cinco De Mayo Fiesta	Red Cedar Chamber Music Cinco De Mayo Fiesta
6	7 Cinco De Mayo Fiesta	8 May Birthday Celebration	9	Mercy Counseling presents: Sadness, Depression and Grief MERCY CEDAR RAPIDS
13	May Birthday Celebration Pet Food Distribution Mercy Counseling presents: Sadness, Depression and Grief	Mercy Counseling presents: Sadness, Depression and Grief MERCY CEDAR RAPIDS	Pet Food Distribution	17
20	Heritage Care Team Visit	22	Heritage Care Team Visit	24 12:15 Generational Vaccine Campaign with Linn County Public Health
27 Memorial Day	28	29	30	May Birthday Celebration Heritage Care Team Visit