


Area Agency on Aging
Jones County Task Force
July 14, 2021 Meeting Minutes

Present: Ned Rohwedder, Lisa Tallman

Staff: Harrison March

Review of Meeting Minutes

No edits proposed to June 2021 meeting minutes. Minutes approved as presented.

Heritage & Community Updates

Harrison March:

- In-person dining has resumed at many locations in the Heritage program.
- In-person services are still available through home visits and the main office may reopen sometime in August. More details to come.
- Heritage is still trying to hire a Caregiver Coordinator. Information can be found via the Heritage website.
- The Caregiver Wellness Series kicked off Tuesday. Recordings are available on the Heritage website and the next episode is August 10.

Lisa Tallman:

- Plans to follow up about a church or community center location for Monticello senior dining. The Presbyterian church is still an option for four days a week.
- Wyoming senior dining has a big meal reopening planned for July 21.

Task Force Recruitment

Discussion on further efforts to recruit new members included:

- Lisa plans to talk to diners about joining the Task Force and there are a couple in particular she thinks might be interested.
- Ned suggested more advertisements in the Anamosa Journal and the Monticello Express.
- Harrison will try to find contact information for the marketing person at Pinicon Place who previously expressed interest.
- Harrison asked if Jones County Fair Board members would be good as well-connected community members. Ned suggested waiting until after the fair next week to approach them due to a busy schedule.
- Harrison will come to Anamosa for the meal on Aug. 4 to talk about the Task Force. Lisa expects a bigger crowd that day due to live music.

FY22 Goal Setting

All agreed to focus primarily on recruiting new members before setting larger goals for the year. More members will introduce more ideas and grow the potential output as well.

Open Agenda

Ned requested moving the meeting time back to the original 10 a.m., which is OK with the others. Harrison will update documents accordingly.

Next Meeting

Next meeting is July 14 at 9 a.m. at Senior Dining in Anamosa.

Submitted By

Harrison March, 7/14/2021



Heritage
Area Agency on Aging
Jones County Task Force
Sept. 8, 2021 Meeting Minutes

Present: Ned Rohwedder, Lisa Tallman

Staff: Harrison March

Review of Meeting Minutes

No edits proposed to July 2021 meeting minutes. Minutes approved as presented.

Heritage & Community Updates

Harrison March:

- In-person services are still available through home visits and the main office is still closed to the public.
- Heritage continues monitoring the pandemic and will adjust programs as needed.
- Heritage plans to post a few open positions in the near future. More details will be shared when job descriptions are finalized.

Lisa Tallman:

- Recent staffing concerns related to illness, not all of which is pandemic-related. Hoping to get at least one more back soon. Advertising continues to try to hire for open positions.
- Sent out around 100 frozen meals to cover for this week while in-person dining is closed.
- Monticello has taken a bit of a back seat with low staff available in Anamosa and the Monticello site director accepting another job. A new driver for Monticello deliveries starts next week. The site is expected to be officially licensed in the near future.

Task Force Recruitment

Discussion regarding Task Force recruitment included:

- It's difficult to recruit volunteers and staff positions across the board right now due to the pandemic. Many people seem to be "treading water," have concerns about the pandemic and more.
- Ned will try some contacts with the Board of Supervisors, though he's the only one older than 60 at this time. He also knows a woman in Onslow who might be a good fit with her interest in helping the community.
- Lisa has a couple diners in mind that would be good fits, but they have health concerns and may not be up for attending meetings at this time.
- It may help entice potential members to have an ongoing project or cause to get behind rather than a general mission.
- Harrison will look into contacts at various nursing homes regarding a staff person or residents' interest.

Open Agenda

Harrison: the Healthy Wealthy Wise Fair (scheduled for today) was canceled for this year due to insufficient vendor registration.

Next Meeting

Next meeting is Oct. 13 at 10 a.m. at Senior Dining in Anamosa.

Submitted By

Harrison March, 7/14/2021



Heritage
Area Agency on Aging
Jones County Task Force
Oct. 13, 2021 Meeting Minutes

Present: Ned Rohwedder, Lisa Tallman

Staff: Harrison March

Review of Meeting Minutes

No edits proposed to September 2021 meeting minutes. Minutes approved as presented.

Heritage & Community Updates

Harrison March:

- No operations update to report.
- Heritage has three job openings posted on its website with one more expected to be added soon. Ned noted that hiring is a challenge across the board right now.

Lisa Tallman:

- Searching again for a Monticello site director after the previous candidate withdrew.
- Asked Ned about COVID-19 vaccine booster priority to ensure the safety of staff and senior center diners. Ned said he didn't have a hand in determining priority groups last time, but will pass along this request to the head of Public Health. There might be more local flexibility this time with greater vaccine access.

Task Force Recruitment

Discussion regarding Task Force recruitment included:

- Harrison reviewed the list of potential contacts to develop relationships and/or leads.
- Ned offered to reach out to Keith Stamp, Heritage AAA Board Treasurer, about community members he could recommend.
- Lisa offered to contact the listed long-term care facilities about staff or resident interest.
- Harrison welcomed both to share his contact info in case prospective members want to call or email to learn more.

Ned asked if an in-person meeting could be part of the pitch for new members. This provides a socialization opportunity and reduces technology barriers. Lisa said meeting at the senior center would be OK for now and Ned offered the county office as a backup in case. Ned feels the senior center is ideal to illustrate "Heritage and Senior Center dollars at work."

Open Agenda

No items presented.

Next Meeting

Next meeting is Nov. 10 at 10 a.m. at Senior Dining in Anamosa.

Submitted By

Harrison March, 10/18/2021


Area Agency on Aging
Jones County Task Force
Nov. 10, 2021 Meeting Minutes

Present: Ned Rohwedder, Lisa Tallman

Guest: Keith Stamp

Staff: Harrison March

Review of Meeting Minutes

No edits proposed to October 2021 meeting minutes. Minutes approved as presented.

Heritage & Community Updates

Harrison March:

- No operations update to report.
- A new Options Counselor starts at Heritage on Monday, Nov. 15. Three open positions are still accepting applications.

Lisa Tallman:

- The Monticello site has a director and is set to open in December at the Presbyterian church. It will be open Tuesday – Friday from about 11 am – 2:30 pm. Rates will be the same: suggested \$5 for ages 60+, mandatory \$6 for younger. Diners can sign up by calling Lisa. Harrison will relay this news to the Jones County Elderly Consortium.

Task Force Recruitment

Ned recapped the recruitment goals for Keith Stamp and noted the importance of getting more community participation.

Keith recommended a few individuals that may be good fits based on their past work and volunteer experiences. Harrison will send him a short elevator pitch for the group so he can make those connections.

Conversation shifted to more general outreach opportunities, which could also generate leads for new members. Ideas included:

- Newspaper submissions
- Church newsletters
- Ministerial associations in Monticello and Anamosa. Wyoming may have one also.

Lisa shared contact information for Pinicon Place and Anamosa Care Center that Harrison will follow up with. She is expecting calls back from Pinicon Square and Monticello Nursing & Rehab.

Open Agenda

Keith suggested posters or flyers to distribute in Monticello promoting the new dining site.

Harrison will send Lisa some update Heritage brochures for both sites.

Next Meeting

Next meeting is Jan. 12, 2022, at 10 a.m. at Senior Dining in Anamosa.

Submitted By

Harrison March, 10/18/2021


Area Agency on Aging
Jones County Task Force
Jan. 12, 2021 Meeting Minutes

Present: Ned Rohwedder, Lisa Tallman

Staff: Harrison March

Review of Meeting Minutes

No edits proposed to November 2021 meeting minutes. Minutes approved as presented.

Heritage & Community Updates

Harrison March:

- Three new staff started since last meeting: one Options Counselor, one Elder Rights Case Manager, and one on the nutrition team. Still hiring for a Program Assistant.
- Due to COVID cases in the area, staff will begin working remotely again starting next week. Staff had recently been working hybrid.

Lisa Tallman:

- Anamosa remains operating as usual, but Lisa is still trying to hire a cook for Anamosa and another site director for Monticello. Has tried some advertising for these positions but not many qualified applicants have come through.

Ned Rohwedder:

- Many meetings and programs around town are going back to virtual for the time being. It works well for some, but it's harder to form/strengthen relationships.

Task Force Recruitment

Harrison used the contact info relayed by Lisa to reach out to Pinicon Place and Anamosa Care Center. Angela at Pinicon Place is unable to join today due to a schedule conflict, but hopes to join in February.

Harrison will try to connect with Keith Stamp regarding the individuals he mentioned at the last meeting.

Lisa will talk with her contact at Saint Matthew's in Monticello regarding the ministerial association and who to contact.

Monticello Site

Lisa reviewed some efforts made to hire a new director, including advertisements. It's become difficult to continue advertising when it hasn't yielded many qualified applicants yet. She and Ned agreed they've never seen a time quite like this when it's so challenging to hire.

Harrison asked about doing some media outreach to try for a couple of news placements. Playing up the "seniors need help" angle might help garner attention. Lisa said this would be OK to pursue, especially given the potential for free coverage vs more paid advertising.

Harrison will draft a release for Lisa's review before sending.

Open Agenda

Harrison noted the Jones County Caregivers' Meeting is coming up next week. He will re-send the flyer.

Next Meeting

Next meeting is Feb. 9, 2022, at 10 a.m. via Zoom



Heritage
Area Agency on Aging
Jones County Task Force
March 9, 2022 Meeting Minutes

Present: Lisa Tallman, Keith Stamp, Angela Lurth

Staff: Harrison March

Review of Meeting Minutes

No edits proposed to previous meeting minutes. Voting tabled due to lack of quorum.

Heritage & Community Updates

Harrison shared reminders that annual elections are coming up in May, and that he may be absent for April's meeting on parental leave. The April meeting will be covered by another Heritage staff member if necessary.

Angela said there is interest from the Elderly Consortium to bring back the Healthy Wealthy Wise event after a two-year hiatus. No formal planning has begun yet.

Staffing Needs

Lisa reported good news on the staffing front: she feels good about where Anamosa stands in hiring a new cook, and plans to open the Monticello site March 21 at St. Matthew's. She hopes the new cook will start at Anamosa right after that reopening. The Anamosa paper ran the press release about hiring, but most applications ended up coming via Facebook.

Lisa gave the OK for Keith to share the news at his church, but overall is aiming for a soft opening to ease staff back into it. She'll consider doing more promotion in May for Older Americans Month if the timing is right.

Recruiting

Discussion included:

- Keith recommended an individual, and asked Harrison to follow up for contact info
- Harrison contacted local Ministerial Associations and is waiting to hear back. Keith said that Kathryn Newhall, a local pastor, may be able to make a connection.
- Angela: suggested outreach to churches individually about speaking opportunities, info for bulletins or opportunities to provide coffee and treats after a service

Community Concerns/Issues

Discussion about common community issues and needs included:

- Angela noted many consumers/families come confused about payment and decision-making processes: insurances, Medicare, Elderly Waiver and Powers of Attorney are commonly asked about. Resources, materials or a clinic/event would help educate.
- Lisa said overall there's a great deal of stress due to current events. Angela recommended Dr. Coyle at Cedar Memorial, who provides workshops and presentations on managing stress. Keith echoed the thoughts on stress, and Lisa said she would be happy to host that kind of program alongside mealtime.
- Keith said more broadly there's a need for people to better understand the first steps to getting help/services. Angela agreed, noting it's better to know early before the services are even needed. Keith thinks consistent educational efforts to inform the community will help provide relief for stressful situations like sudden needs for these services.

Next Meeting

Next meeting is April 13, 2022, at 10 a.m.


Area Agency on Aging
Jones County Task Force
April 13, 2022 Meeting Minutes

Present: Lisa Tallman, Ned Rohwedder

Staff: Harrison March

Review of Meeting Minutes

Minutes approved as presented.

Heritage & Community Updates

Heritage update, Harrison March:

- Denise Babcock, Program Assistant, started at Heritage a few weeks ago. She is supporting the nutrition and elder rights programs.
- Heritage is planning an event for family caregivers sometime in June, with specifics to-be-determined. Harrison will share promotional materials when available.

Senior Dining, Lisa Tallman:

- Monticello site is doing well and the church enjoys hosting them
- New cook in Anamosa is still training and is doing well. When she's fully trained, Lisa will be able to tackle more Site Director duties with less time in the kitchen.
- Lisa would appreciate any leads on First Aid/CPR trainings for her staff. They're considering joining up with Jets to create a larger class size. All leads so far have been too expensive at \$100+ per person. Would like to offer this training so staff are prepared for assisting consumers if needed.

Education: long-term care payment options

Harrison still needs to work on the handout/flyer, which he did not get around to after missing a couple weeks on parental leave. Discussion surrounded difficulties getting a full grasp on Medicare and the benefits of getting long-term care insurance when you're younger. When complete, the handout could be distributed at doctors' offices, banks, long-term care centers and more.

Senior Dining Programs/Speakers

Recent focus has been mostly on training new staff and starting the HACAP produce pantry for diners. When that's caught up, Lisa plans to contact those mentioned in the last meeting to look at events/presentations regarding stress management, Powers of Attorney, estate planning and more.

Annual Elections

Harrison covered information regarding the Task Force and Advisory Council elections next month. The only mandatory change is that Ned is ineligible for Chair due to term limit reached.

Open Agenda

Nothing presented during open agenda.

Next Meeting

Meeting adjourned at approximately 10:45 a.m. Next meeting is May 11 at 10 a.m.



Heritage
Area Agency on Aging
Jones County Task Force
May 11, 2022 Meeting Minutes

Present: Lisa Tallman, Ned Rohwedder, Keith Stamp

Staff: Harrison March

Review of Meeting Minutes

Minutes approved as presented.

Heritage & Community Updates

Heritage update, Harrison March:

- Heritage posted an open position for an Iowa Return to Community Health Coach. This person would work with 'frequent flyers' at hospitals and skilled nursing to help them remain safely in their home. An RN or LPN is preferred, but not required.
- The caregivers' seminar for Jones County will be Friday, June 17, at 3 p.m. at Anamosa Senior Dining. Keith Stamp thinks this event will be a great resource for caregivers, including some he knows personally.

Senior Dining, Lisa Tallman:

- Staffing in Anamosa is going well overall, just working on getting more consistently full-staffed day-to-day.
- Monticello site is up to about 12 diners per meal (up from 4-5 at opening). The local paper recently wrote a nice article about the program. Still some challenges with getting people out of the house after two years being shut in.

Annual Elections

Elections for Task Force Chair and Advisory Council Representative were held. Lisa Tallman was unanimously elected Chair and AC Representative.

Education: long-term care payment options

Harrison shared the draft handout created to help understand long-term care payment options. Feedback included:

- Keith: what's the target audience? Harrison said it would be both older adults and their children, who may be helping with the decision-making process.
- Ned: emphasized the importance of long-term care insurance for those younger than 60. Earlier enrollment can help lead to greater benefits with the right plan. Keith echoed this for other types of payment, too. The more you know at a younger age, the easier it is to plan for the future.
- Ideas for sharing this handout included: long-term care centers, Jones Regional Kirkwood Center, hospital social workers, larger companies' HR contacts.

Open Agenda

Nothing presented during open agenda.

Next Meeting

Meeting adjourned at approximately 10:45 a.m. Next meeting is June 8 at 10 a.m.



Heritage
Area Agency on Aging
Jones County Task Force
June 8, 2022 Meeting Minutes

Present: Lisa Tallman, Ned Rohwedder, Laura Keuter

Staff: Harrison March

Review of Meeting Minutes

Minutes approved as presented.

Heritage & Community Updates

Heritage update, Harrison March:

- Heritage has a new dining site opening in Washington starting with twice a month.
- Iowa Return to Community program is still hiring, though interviews are already ongoing. Since last meeting, Harrison learned this program is a partnership with Mercy Medical Center and will start with their patients' transitions to home.
- Market checks are delayed this year due to a shortage of the paper checks are printed on. Heritage has been told to expect them by mid-month.
- Caregivers' event is next Friday, June 17.

Senior Dining, Lisa Tallman:

- Anamosa site is around 20 diners per day.
- Monticello site continues to grow and is operating smoothly with the new site director.
- Plans to distribute posters for the caregiver event in the coming days at the hospital and doctors' offices.

Meeting Schedule FY 2023

Harrison asked if the group would like to maintain previous years' schedule going into FY 2023, which starts in July. Members agreed: meetings will be second Wednesdays at 10 a.m. skipping July and January.

Education/Engagement Gaps and Opportunities

Discussion surrounded promoting supports for caregivers, particularly with upcoming opportunities: Heritage's caregiver seminar, Laura's Alzheimer's support group in August and Heritage's Powerful Tools for Caregivers class this summer.

Harrison will share some contacts to help Laura get connected and Laura will provide some info on the support group to help promote all opportunities together.

Open Agenda

Harrison: World Elder Abuse Awareness Day is June 15. Heritage will participate in raising awareness via presentations, online resources and more.

Next Meeting

Meeting adjourned at approximately 10:45 a.m. Next meeting is August 10 at 10 a.m.