

## Johnson County Task Force Meeting Minutes

Monday, Aug. 9, 2021 – Zoom Meeting

Present: Angi Roemerman, Megz Stroback, Bob Welsh, Lynne Cannon, Jeff Kellbach, Larry Kudej, LaTasha DeLoach

Excused: Pat Heiden

Heritage AAA Staff: Harrison March

Angi Roemerman called the meeting to order shortly after 1 p.m.

### Review of Meeting Minutes

Bob Welsh motioned to approve minutes as presented, Larry Kudej second. Motion passed unanimously.

### Community Updates Related to Older Adults

Megz Stroback, Access2Independence

- A2I's pandemic-related food program ends in September so last-minute referrals are still available. PPE remains in stock and available to consumers.
- There has been a recent uptick in need for assistance with rent/utilities.
- Sarah Martinez, Executive Director, recently received an award from the National Council on Independent Living.

Harrison March, Heritage Area Agency on Aging

- Staff are still conducting in-home visits and congregate dining continues slowly reopening.
- Eugenia Kendall has left her position at Heritage for a Director role at Iowa Dept. on Aging.

Jeff Kellbach, Johnson County Livable Community

- Aging in Place series continues this week with an episode on accessible homes and the Caregiver Wellness Series resumes tomorrow covering end-of-life care.
- Jeff is teaching an upcoming Powerful Tools for Caregivers class with Heritage's Madalyn Klobassa. Harrison will send the flyer for this class to members.

Larry Kudej

- Older Iowans Legislature (OIL) is preparing for the annual meeting Sept. 27. It will be a virtual event from 9 am – 1 pm. Those interested in attending can find info at [OlderIowans.org](http://OlderIowans.org)

LaTasha DeLoach

- Senior Center is gearing up for fall programming with an eye on pandemic trends. Programs can be found online or by contacting the Senior Center.

### Task Force Forms

Since most attendees are on Zoom, Harrison will mail out the annual Task Force forms rather than worry about signing today. Larry noted he and Bob already completed some for other groups, so Harrison will make sure to double check what's still necessary.

### FY22 Elections

Angi recapped the tabled motions from the last meeting:

- Task Force elections: Angi for Chair, Lindsay Glynn for Vice Chair
- Advisory Council: Megz, Lindsay and Ed Dunbar

Angi opened it to discussion on other potential nominees or motions. Bob motioned to elect Angi as Chair and Lindsay as Vice Chair, respectively, Larry second. Motion passed unanimously. With no members nominated, Larry motioned for Harrison to maintain Secretary's duties, Bob Welsh second. Motion passed unanimously.

Bob asked if Lynne Cannon would be interested in returning to Advisory Council. Lynne is interested, so Bob added her to the previously tabled motion: Megz, Lindsay, Ed and Lynne for Advisory Council; Larry second. Motion passed unanimously.

Bob asked if LaTasha would serve as an Alternate. LaTasha is willing, so Bob motioned for approval, Angi second. Motion passed unanimously.

### New Member Recruitment

Angi began the conversation noting there are some past members that could be contact, though it may also be good to identify new people as well. Discussion included:

- Bob asked if Eve Casserly is still interested. Harrison invited Eve to this meeting and will follow up with her about her interest.
- Jeff suggested Dorene Nott of Horizons and someone at the Visiting Nurses Association due to their work with older adults, as well as posting at senior apartments to recruit older adults/community members.

Bob asked what meetings could focus on if not forums. He suggested themes and services relevant to older adults like transportation, housing and in-home care. Angi agreed, suggested the topics could align with OIL initiatives. Larry thinks this could be lined up after the annual meeting in September.

Other ideas for member recruitment included:

- Angi asked if Jeff would be able to add something to the Livable Community newsletter.
- Megz suggested social media advertising.
- LaTasha asked about a potential panel event to talk about Task Forces along with other county representatives. Harrison will ask other Task Forces about their interest.
- Bob would like to contact the Iowa City Press Citizen about having a reporter or editor join for a meeting and get press coverage. Angi noted challenges getting ahold of the editorial desk in the past. If this is pursued, may be best to target October to allow more prep time and for OIL issues to be established. Angi, Lindsay and Harrison will work together to make a schedule for upcoming meeting topics.
  - o As alternatives to a reporter's coverage, Little Village and a submitted guest column were suggested by Megz and LaTasha, respectively.

### Open Agenda

LaTasha invited all to the Iowa City Senior Center's 40<sup>th</sup> anniversary event next month. There will be an outdoor movie, treats and other fun activities. Plans for Grandparents Day are also in the works.

### Adjournment

Larry motioned for adjournment, LaTasha second. Meeting adjourned at approximately 2:00 p.m.

Next meeting is scheduled for Monday, Sept. 13, at 1 p.m.

Submitted Aug. 10, 2021, by Harrison March, Heritage AAA

## Johnson County Task Force Meeting Minutes

Monday, Sept. 13, 2021 – Zoom Meeting

Present: Angi Roemerman, Jeff Kellbach, Larry Kudej, Lindsay Glynn, Len Sandler

Excused: Pat Heiden, Ed Dunbar

Heritage AAA Staff: Harrison March

Angi Roemerman called the meeting to order shortly after 1 p.m.

### Review of Meeting Minutes

Tabled due to lack of quorum.

### Community Updates Related to Older Adults

Harrison March, Heritage Area Agency on Aging

- No operational changes to report
- Caregiver Wellness Series continues tomorrow, Sept. 14, with an episode focusing on veterans and their caregivers
- Heritage will have a few new positions posted in the coming weeks. No details to share yet, but Harrison will pass along when published.

Jeff Kellbach, Johnson County Livable Community

- Aging in Place series continues with the next installment focused on reverse mortgages
- The Livable Communities website has been updated and moved to a new web address, but the old one should still redirect to the new page. More updates on services and providers will be made in the coming months.

### Advisory Council Update

Harrison reported the Advisory Council's next focus is on electing officers and the Board of Directors representative. Larry Kudej added that the Board recently approved all Advisory Council and Task Force memberships in its annual review of rosters.

### OIL Topics in Upcoming Meetings

Larry: the Older Iowans Legislature annual meeting is Sept. 27 from 9 am – 1 pm. Expected speakers include Gov. Reynolds, Kelly Garcia, Linda Miller and more. After speakers, attendees will break up into committees focused on one-of-three topics: Senior Rights, Quality of Life and Workforce/Caregivers.

Angi asked how or when members would like to approach the OIL topics to learn more within the Task Force meetings. All present are open to any scheduling format. Angi suggested holding onto the topic-based discussions for next summer leading up the OIL annual meeting so that members can learn more beforehand and take that knowledge into the meeting. This year the Task Force will still get regular updates on the issues and focus in on certain bills if desired.

Larry asked if the Task Force would host its annual legislators' forum in December, which all present supported. Using Zoom increases accessibility for the delegates, quells COVID-related concerns and will allow for a recording to viewed afterward by any who cannot attend. Like this forum, those in the coming months will be more topical/as-needed instead of on a regular schedule.

### New Member Recruitment

Angi asked members to continue considering ways to grow membership and participation for the Task Force, starting with reviewing the list of senior living and care facilities Harrison provided.

Jeff noted it's a good start, though access to technology remains a barrier during the pandemic. He also pointed out a few additions to the list: missing senior living locations, older adult groups at libraries, elderly consortium and identifying rural community leaders.

Harrison asked if these contacts could be starting points for promoting the legislative forum, either to encourage participation/attendance or to share the recorded forum afterward. Lindsay said that doing so could be an effective way of showing the Task Force intent to inform the community, to which Larry agreed. Len Sandler has observed a general sense of 'Zoom fatigue' and it being difficult to get people engaged virtually, though all agreed at this time it's the safest route to pursue.

### Format for Upcoming Meetings

Due to safety concerns regarding COVID-19, all present prefer to continue meeting via Zoom until further notice.

### Open Agenda

Len informed the group about a workshop on Powers of Attorney taking place in Washington, Iowa, next month for the annual Cady Day of Service. Haylee Pontier at IDA and Kellie Elliott-Kapparos at Heritage AAA have helped plan the event with the University of Iowa's College of Law. The workshop is free to attend, but registration is required. Harrison will send the flyer after the meeting. Larry suggested this topic for a future forum.

### Adjournment

Meeting adjourned at approximately 1:50 p.m.

Next meeting is scheduled for Monday, Oct. 11, at 1 p.m.

Submitted Sept. 16, 2021, by Harrison March, Heritage AAA

## Johnson County Task Force Meeting Minutes

Monday, Oct. 11, 2021 – Zoom Meeting

Present: Angi Roemerma, Jeff Kellbach, Larry Kudej, Lindsay Glynn, Len Sandler, Bob Welsh, Pat Heiden

Excused: Ed Dunbar

Heritage AAA Staff: Harrison March

Angi Roemerma called the meeting to order shortly after 1 p.m.

### Review of Meeting Minutes

Larry Kudej motioned to approve minutes as presented. Pat Heiden second. Motion passed unanimously.

### Community Updates Related to Older Adults

Harrison March, Heritage Area Agency on Aging

- The Caregiver Wellness Series resumes tomorrow (Tuesday, 10/12) with an episode focused on long-term care options and financial prep.
- Power of Planning event in Washington is later this month on Oct. 21. The event is in partnership with the College of Law at University of Iowa to help older adults understand and prepare living wills and powers of attorney.

Jeff Kellbach, Johnson County Livable Community

- Aging in Place series concludes Wednesday with a presentation on reverse mortgages.

Pat Heiden, Johnson County Supervisors

- Mask mandate in public building is up for consideration soon and seems likely to be continued.
- Board of Supervisors is working on plans for the county's ARPA funds and is soliciting public input via hearings and online survey. Lindsay Glynn commended the Board for its many efforts to incorporate this input.

### Advisory Council Update

Harrison reported the Advisory Council's appointed officers: Shirley Geadelmann (Cedar County) as Chair and Chris Shimon (Linn County) as Vice Chair. Review of FY21 service data was tabled from September to October due to staff availability.

### OIL Annual Meeting Recap

Larry and Bob Welsh recapped the annual Older Iowans Legislature meeting:

- Thanked many Task Force members present for representing the area well at the annual Older Iowans Legislature meeting.
- There were about 50 attendees, which the OIL Board is happy with for a Zoom event.
- The top issues this year, as voted by attendees, concern tougher penalties for elder abuse, establishing a database for the state's caregiver workforce and funding/support for the ombudsman's office.
- The OIL Board hopes next year can return to an in-person meeting at the Capitol again.
- Bob noted that eastern Iowa was well represented overall and hopes that western Iowa will have more attendees in 2022.

Larry asked for feedback on the meeting's virtual format. Jeff and Lindsay had similar thoughts: well-run event, including the breakout rooms. Technology hiccups are to be expected, but overall thought it went

well. Would like to see a hybrid option next year if possible for those who cannot travel or for professionals who cannot take the full day for the event.

#### Legislative Forum Prep

Angi asked if Larry would be willing to moderate the December legislative forum as in years past. Larry agreed to do so. The forum will consist of questions regarding OIL priority issues and a time for public/other questions as well.

Members agreed to plan for a 1 – 1:30 pm meeting the day of the forum for any last preparation, then have a break before the 2 pm forum. Angi will extend invitations to the representatives.

Bob asked how the group can promote the forum. Plans include:

- Johnson County Livable Community newsletter and social media
- Little Village
- Len Sandler's email list and the Csomay Center
- Invitations/posters for various long-term care facilities and senior apartments

Bob asked if Barb Werning, Heritage AAA Executive Director, would attend to represent the agency and provide the panel with a brief update to open the forum. Harrison will invite Barb to do so.

#### Open Agenda

No items presented.

#### Adjournment

Meeting adjourned at approximately 1:37 p.m.

Next meeting is scheduled for Monday, Nov. 8, at 1 p.m.

Submitted Oct. 12, 2021, by Harrison March, Heritage AAA

## Johnson County Task Force Meeting Minutes

Monday, Nov. 8, 2021 – Zoom Meeting

Present: Angi Roemerman, Jeff Kellbach, Larry Kudej, Lindsay Glynn, Len Sandler, Bob Welsh, Lynne Cannon, Sofia DeMartino

Excused: Ed Dunbar

Heritage AAA Staff: Harrison March

Angi Roemerman called the meeting to order shortly after 1 p.m.

### Review of Meeting Minutes

Bob Welsh moved to approved minutes as presented. Larry Kudej second. Motion passed unanimously.

### Community Updates Related to Older Adults

Harrison March, Heritage Area Agency on Aging

- The Caregiver Wellness Series resumes tomorrow (Tuesday, 11/9) with a panel discussion on caregiving during the pandemic and a tai chi demonstration.
- Johnson County Livable Community is hosting a virtual event on Holiday Coping Strategies Tuesday, 11/16, at 1 pm. Harrison will send the flyer to the group.

Sofia DeMartino, Horizons

- Horizons' new volunteer coordinator is doing a great job filling Meals on Wheels routes with more than 90% covered by volunteers. This maintains service delivery while helping free up staff to do their jobs. To volunteer for Meals on Wheels, [visit their website](#) or call and ask for Heather.

### Advisory Council Update

Harrison reported the last AC meeting focused on service data for FY2021.

Bob asked if there have been updates on congregate dining sites reopening locally. Harrison will find out and update the group.

### Legislative Forum Prep

Angi has heard back from three legislators: Kinney and Bolkom are confirmed, Wahls is unavailable. She plans to follow up in a next couple weeks and possibly ask Larry or Bob to leverage their connections.

Both Larry and Bob offered their support in this.

Bob noted Bolkom and Mascher are not seeking reelection, and Larry added this plus redistricting will affect who in Johnson County is represented by whom. Len Sandler asked if there will be some type of presentation or information session on redistricting. All agreed that adding a redistricting component to this forum would be too much for one session, but this could be a focus come 2022.

Angi asked for ideas regarding promotion while some RSVPs are still outstanding. Bob suggested promoting the forum as "All Are Invited" for the time being, then updating it to include the names of those confirmed. Harrison will draft a flyer for the event.

Larry asked about the forum's format. Members agreed to begin with an opening remark from Heritage AAA, proceed to Larry's questions for the panelists and then finish with Q&A time. Harrison will monitor the chat section for questions throughout.

The schedule for December's meeting was adjusted slightly: the meeting will take place at 1:30, followed by the forum at 2:00.

#### Open Agenda

Larry asked about the status of Heritage's various open jobs. Harrison reported an Options Counselor has been hired and will start next week. The other three positions – Elder Rights Specialist/Case Manager, Nutrition Services Coordinator and Program Assistant – are still accepting applications. Bob asked if non-Cedar-Rapids-area residents could apply. Harrison said yes, all are welcome to apply regardless of where they live. Current and former staff have lived in and sometimes worked from other counties.

#### Adjournment

Meeting adjourned at approximately 1:40 p.m.

Next meeting is scheduled for Monday, Dec. 13, at 1:30 p.m.

Submitted Nov. 9, 2021, by Harrison March, Heritage AAA



## Johnson County Task Force Meeting Minutes

Dec. 13, 2021 – Zoom Meeting

Present: Angi Roemerman, Lindsay Glynn, LaTasha DeLoach, Ed Dunbar, Bob Welsh, Jeff Kellbach, Len Sandler

Excused: Larry Kudej

Heritage AAA Staff: Harrison March

Angi Roemerman called the meeting to order at 1:30 p.m.

### Review of Meeting Minutes

Bob Welsh moved to approved minutes as presented. Ed Dunbar second. Motion passed unanimously.

### Community Updates Related to Older Adults

LaTasha shared a link to an article updating data on older adults' mortality rates due to COVID-19. Older adults remain a highly-vaccinated population, but mortality rates also remain high when they contract COVID. She encouraged all to remain vigilant. Read more here: [New York Times link](#)

Harrison reported that Heritage has two new staff starting today – one in the nutrition program, another in elder rights/case manager.

### Legislative Forum Prep

Larry Kudej is unable to moderate today, so Angi plans to introduce the speakers and offer up questions related to the OIL priority issues. Does the group have preference to the structure or any particular questions to add?

- Lindsay Glynn: format can be flexible to accommodate the flow or follow up questions, using the canned questions to keep it moving.
- Bob noted there could be discussion about outgoing members, as some will not be seeking reelection.
- Lindsay would like to hear legislators' thoughts on advocacy, particularly for long-running topics like elder abuse laws. It seems that this good cause is often up against other good causes when vying for attention. What advice do they have on getting more accomplished? Is it a 'squeaky wheel' problem, finding the right sponsors, etc.?
- LaTasha would like to hear about any possible return of COVID sick pay. This was available to direct care workers early on, but obviously the pandemic has outlived this support. Not having COVID sick pay available can also have a disproportionate impact on people of color in the Johnson County community and statewide.
- Len Sandler hopes to get an update on manufactured housing programs, as he feels it's nearing "life support" status. What actions can be taken to prevent this?

### Adjournment

Meeting adjourned shortly before 2:00 p.m. [A recording of the forum can be found here.](#)

Next meeting is scheduled for Monday, Feb. 14, 2022, at 1:00 p.m.

Submitted Dec. 20, 2021, by Harrison March, Heritage AAA

## Johnson County Task Force Meeting Minutes

Feb. 14, 2022 – Zoom Meeting

Present: Angi Roemerman, Lindsay Glynn, Ed Dunbar, Bob Welsh, Jeff Kellbach, Len Sandler, Lynne Cannon

Excused: Larry Kudej

Heritage AAA Staff: Harrison March

Angi Roemerman called the meeting to order shortly after 1:00 p.m.

### Review of Meeting Minutes

Bob Welsh motioned to approve the minutes as presented. Lynne Cannon second. Motion passed.

### Community Updates Related to Older Adults

Len Sandler: University of Iowa College of Law is hosting a workshop on Powers of Attorney and Living Wills on March 10. The event is sponsored by many area organizations, including Heritage AAA. The event will be only in-person to respect the privacy of attendees, but they are considering digital options for the program/presentation portions. Len wonders about transportation options for those who cannot access the bus route it is on. Jeff Kellbach offered to help find solutions if individual cases arise. He would likely connect attendees with North Liberty's transportation service or SEATS depending on the situation.

Harrison March: Heritage recently posted a job opening for running Encore Café, the congregate dining program in Cedar Rapids/Marion. Laura Kreigermeier, Elder Rights Coordinator, is out on maternity leave after her family welcomed a baby girl last month. Heritage extends its appreciation to all who promoted/attended the caregiver seminar in January, as Johnson County's event was well-attended and had great discussion.

Jeff Kellbach: a variety of programs are open with the start of the new year, including: tax assistance at the senior center, VITA clinics, rent assistance, affordable internet connectivity, Earn and Learn partnership with Horizons, and Powerful Tools for Caregivers at Heritage.

Lindsay Glynn: mostly status quo lately at Aging Services and Pathways remains steady. Bob asked if Pathways has faced staffing issues seen across the industry. Lindsay said while there are some challenges in this regard more broadly, Pathways has actually been doing well.

### Advocacy Opportunities

Bob provided an update of Older Iowans Legislature priorities and interests:

- Elder abuse remains the big one, but no assurances yet. Head of Judiciary Committee is for the bill (SF 522), but some subcommittee members voiced concern that county attorneys will prosecute people for which it is not intended.
- No lobbyists have registered "opposed" to the bill. Most are in favor, with some still undecided.
- Bill in a good place, it only takes one person in the right position to block any bill. Main hurdle for SF 522 right now is getting the head of the subcommittee on board. OIL is confident it would pass after this.
- There has been some progress on establishing a caregiver registry, but nothing major in the first month of the session.

- Livable Homes and Long-Term Care Ombudsman issues are being addressed in appropriations, where it's never totally decided until the very end of the session. Bob is unsure these issues have a leader committed to seeing them through.

Angi pulled contact info for committee members and local representatives, asking Bob if it's OK to contact members to voice support. Bob said yes, and encouraged members to do the same.

Speaking more broadly, Angi opened discussion on what more the Task Force can do to advocate for legislation. Considering input from the legislative forum, discussion included:

- Jeff: a unified message and engaging the majority party are key. This might include reaching out to community members in a majority party representative's district to make issues local.
- Bob: older adults and retirees particular will have great interest in tax proposals, as some bills consider reducing or eliminating tax on retirement income. Len added there are many tax bills alive right now, but nearly all have an eye on decreasing tax rates.
- Angi: suggested reaching out to Rep. Kaufmann, who is in the majority party and has expressed willingness to keep working on an elder abuse bill. Len emailed Rep. Kaufmann to ask for an update on SF 522 and if he can identify any of the specific concerns it faces in committee. He will pass along the reply if he gets one.
- Bob motioned for Angi to represent the Task Force by engaging with the Heritage AAA Board of Directors and Advisory Council for their active support of SF 522. Suggestions to include contacting their own representatives and influential community leaders who can also advocate. Lynne second. Motion passed.

#### Open Agenda

Angi asked about the status of in-person or hybrid meetings. Harrison reported that Heritage has OK'ed in-person Task Force meetings again in March, but his concern is respecting the time and resources of members. The last hybrid meeting was only attended in-person by two members with a good deal of setup/breakdown to facilitate. Harrison will send a message around the end of February to gauge members' preferences.

Bob requested an agenda item for the next meeting: establish a timeline regarding legislative efforts and informing communities about upcoming elections.

#### Adjournment

Meeting adjourned at 1:50 p.m. Next meeting is scheduled for Monday, March 14, 2022, at 1:00 p.m.

Submitted by Harrison March, Heritage AAA

## Johnson County Task Force Meeting Minutes

April 11, 2022 – Zoom Meeting

Present: Lindsay Glynn, Bob Welsh, Jeff Kellbach, Pat Heiden, Larry Kudej  
Heritage AAA Staff: Harrison March

Lindsay Glynn called the meeting to order shortly after 1:00 p.m.

### Review of Meeting Minutes

Bob Welsh motioned to approve minutes as presented, Larry Kudej second. Motion passed.

### Community Updates Related to Older Adults

Jeff Kellbach, Livable Community:

- Partnering with Horizons to host Earn-and-Learn financial literacy course. Details are in his monthly newsletter.
- Preparing for Older Americans Month activities. Jeff will share details when finalized.

Lindsay Glynn, Aging Services

- Census at Pathways is at pre-COVID levels, sometimes higher. This is in part due to new consumers who used to attend a now-closed program in Washington. Aging Services is providing transportation for those consumers.

Harrison March, Heritage AAA

- Heritage is planning a caregivers' event following up the Zoom meeting in January. Johnson County's will likely be June 17 or 24. He will share details when available.

### Upcoming Elections

Lindsay reviewed the structure of the Task Force and Advisory Council, which are holding annual elections next month: the Task Force supports older adults through identifying barriers to independence, finding or working on solutions and advocacy; the Task Force appoints representatives to the Advisory Council; Advisory Council provides feedback to Heritage management and elects a member to sit on the Board of Directors.

Discussion about future group makeup included:

- Lindsay: important to get representation from providers and community members. Broadening reach beyond old/continued connections will benefit all.
- Jeff: there could be value in combining the ongoing COVID-19 providers group with the Task Force, as their goals to provide help for older adults are similar. Representatives from TRAIL of Johnson County and the Senior Center would be great additions.
- Pat: ability to drill down on the Task Force mission has been hindered the past couple of years, so perhaps a good time to reconsider, broaden or review purpose(s).
- Bob: agrees that balancing membership between providers and older adults is important to maintain even perspectives. Feels like bringing back in-person programs like forums, panels and informational sessions can increase the impact made by the Task Force and community members.
- All agreed that the Task Force's legislative interests and connections with OIL are a strength and could serve as a cornerstone piece for growth.

- Lindsay will contact prospective members about joining the Task Force for an upcoming meeting.
- Members are willing to consider new standing day/time if it will better accommodate an influx of new members.

Discussion regarding Task Force officers and elections:

- Larry suggested maintaining Harrison as Secretary. He asked if this is consistent with other groups. Harrison said that yes, when no member is elected Secretary he's happy to fill in.
- Jeff feels Lindsay has done well the first few weeks as Chair and leading discussion today. Bob suggested Lindsay be retained as Chair, Pat Heiden agreed. Larry noted official voting will take place in May, but he will also support.
- Lindsay asked Jeff to consider applying for Officio status, which he will consider.
- Larry feels that Lindsay and Lynne Cannon provide good representation on Advisory Council, especially considering he and Bob are also Advisors to the Board. Johnson County is well-represented at all levels.

#### FY22 Legislative Schedule

Harrison summarized discussion from last month's meeting about creating a year-long plan or calendar regarding education and advocacy for legislative issues. Due to time constraints, Lindsay offered to call Bob outside of the meeting to talk details.

#### Open Agenda

Bob encouraged all members to support and/or attend the Heritage caregivers' event in June, and have that in place of the normal meeting. All present agreed with this idea, pending individuals' availability.

Larry thanked all for their support of Senate File 522 concerning elder abuse. In a recent meeting with Gov. Reynolds, Larry learned of her intention to sign the bill into law after it passed both chambers. He hopes a ceremony will be scheduled soon. There are still more issues on the table, including Long-Term Care Ombudsman funding. Bob praised Larry for his work as OIL Chair.

#### Adjournment

Pat motioned to adjourn, Larry second. Meeting adjourned at 2:06 p.m. Next meeting scheduled for May 9 at 1 p.m.

Submitted by Harrison March, Heritage AAA

## Johnson County Task Force Meeting Minutes

May 9, 2022 – Zoom Meeting

Present: Lindsay Glynn, Bob Welsh, Jeff Kellbach, Larry Kudej, Lynne Cannon

Guests: Dorene Knott, Bob Untiedt, Rebecca Nielson, Jill Weetman, Marcele Kaduce, Angela McConville, LaTasha DeLoach

Heritage AAA Staff: Harrison March

Lindsay Glynn called the meeting to order shortly after 1:00 p.m. and explained the thinking behind merging the COVID-19 Older Adult group with the Task Force. Those present made introductions.

### Review of Meeting Minutes

Tabled due to no quorum at the beginning of the meeting.

### Community Updates Related to Older Adults

Harrison March, Heritage AAA

- Heritage is planning a caregivers' event following up the Zoom meeting in January. Johnson County's will be June 24 at 3 p.m. at the HHS Building, Room 203. Harrison will send the flyer.

Bob Untiedt, TRAILS

- TRAILS' 5<sup>th</sup> anniversary party is later this month

Jeff Kellbach, Livable Community

- Older Americans Month programs ongoing this month. Calendar distributed at the meeting, plus plenty more details available online.

Bob Welsh

- This evening is a Board of Supervisors' candidate forum at the Senior Center. Bob hopes the next Supervisor will continue the Board's tradition of supporting human services in Johnson County.

Rebecca Nielson, Public Health

- Hosted blood pressure clinic last week in Solon. There is capacity to schedule a couple more in the coming months. Access to additional services is a key part of these events, too.

Jill Weetman, Solon Senior Advocates

- Getting a new pickleball court, which is popular in Johnson County. Jill has sent out a survey to help gather thoughts about what's needed for seniors in Solon.

### Upcoming Elections

Lindsay asked Harrison to coordinate electronic ballots via email due to time constraints and there being many non-voting guests present. Ballots will follow last month's nominations: Lindsay for Chair, Jeff Kellbach for Vice-Chair, Lindsay and Lynne Cannon for Advisory Council.

\*Harrison's note: motion passed via email ballot, 5-0.

### Older Adult Representation

Lindsay reviewed membership requirements that include at least 51% of Officio members being older adults (60+). Beyond it being required, it simply makes good sense to incorporate older adults' opinions into the group too. She challenged members to consider at least one person they know or work with who is 60+ and would be a good addition to the Task Force. Lindsay is willing to contact these individuals if desired.

### SWOT Analysis

Lindsay led the group in a brainstorming session to assess the Strengths and Challenges of having groups like the Task Force. Input from all members was compiled onto charts (see below). Exercise ended about halfway through due to time constraints, but will continue next month. Consider before then: What do we want to accomplish in the upcoming year and the year after?

### Open Agenda

No items presented.

Adjournment

Meeting adjourned at approximately 3:00 p.m. Next meeting set for June 13<sup>th</sup> at 2 p.m. in the Betty Sasse Room.

Submitted by Harrison March, Heritage AAA

# STRENGTHS

**Fun**  
Fun!  
We enjoy each other!

support each other's projects and events

strong stories (successes or failures)

problem solving

Experts  
Exporting  
no overlap or unnecessary duplication

Learning from others

Skilling others

Collaboration

lots of access to free public-accessible space

Networking  
Networking for projects (see Social Good Club)

Collaboration with members  
see above  
see above

Cooperation of Alder Trusts  
Lynette

To understand different approaches to see ideas

Get ideas from other group leaders

Growth

examples  
One point of communication and sharing

Perspectives Rural City

Communicative

stay up-to-date on savings programs etc

networking!

To learn lessons learned by others who have already been involved in a similar activity

Small groups act to filter ideas that more established entities

To streamline related ideas

Interconnecting ideas changes are possible.

Combined budgets (smiley)

Community Input

Big Ideas

More ideas for action to happen

Varied perspectives (urban and rural)



# Challenges

Not Having  
Established  
"Goals"

different  
visions

~~Attract~~  
Recruiting  
new  
members

Methods  
of  
Communication

Some NOT  
ABLE To attend  
Regularly

Little ownership  
or small  
group  
doing all

\$  
lack of

Getting  
consistent  
involvement

Representation  
Older Adult  
Pop.  
Older Adult  
Input

Leadership  
how to  
continuously  
develop leadership

Moved to  
pursue new  
idea

Funding  
Streams  
don't want to  
compete for  
same \$

turnover  
in  
social  
services  
don't voluntarily  
leave long time

Need of  
standards  
for products

Too many  
Leaders

Funding  
ideas are  
expensive

Lead  
VOICE  
win

Getting  
back

# of  
isolated  
persons

Representation

Uncomfortable  
Stating

Finding a  
United  
Voice

Diverse  
Perspective  
Face  
with  
Unity

professional  
conflicts of  
interest  
(and getting around)

NOT Enough  
HANDS

Identifying  
gaps is great  
but it takes a  
lot of work  
to fill them

Senior  
Communication  
is IMPOSSIBLE  
(like a dog,  
but not reading  
people)

## **Strengths**

- Fun
- Sharing stories of success/failures
- Support each other's projects and events
- Problem solving
- Learning from others
- No overlap
- Networking
- Finding & cultivating local leaders
- Sharing ideas
- Connection to Heritage / Older lowans Legislature
- Perspectives from rural cities / varied perspectives
- Small groups filter ideas through more established entities
- Brainstorming
- Communication
- Community input
- Combined budgets
- Get ideas from other leaders
- Growth

## **Challenges**

- Not having established goals
- Different missions
- Some not able to attend regularly
- Little ownership / small group doing all
- Too many leaders
- How to continually develop leaders
- Number of isolated persons
- Representation across age, race, culture and ethnicity
- Conflicts of interest
- Not enough hands
- Communication methods
- Lack of funding
- Getting consistent involvement
- Turnover in social services
- Loud voices win
- Finding unified voice
- Uncomfortable seating
- Identifying gaps is great, but it takes a lot of work to fill them
- Senior communication is impossible (online = cheap, but not reaching people)

## Johnson County Task Force Meeting Minutes

June 13, 2022 – Zoom Meeting

Present: Lindsay Glynn, Bob Welsh, Jeff Kellbach, Larry Kudej

Guests: Rebecca Nielsen, Lindsey Huff, Angela McConville, Dorene Nott, Wendy Nolan, Jill Weetman, Marcele Kaduce, Len Sandler

Heritage AAA Staff: Harrison March

Lindsay Glynn called the meeting to order shortly after 1:00 p.m.

### Review of Meeting Minutes

Bob Welsh motioned to approve April and May meeting minutes as presented. Jeff Kellbach second. Motion passed.

### Community Updates Related to Older Adults

Harrison March, Heritage AAA

- Heritage is planning a caregivers' event following up the Zoom meeting in January. Johnson County's will be June 24 at 3 p.m. at the HHS Building, Room 203. Harrison will send the flyer.
- Heritage staff will attend a bill signing with Gov. Reynolds on Wednesday, June 15, in Williamsburg. SF 522 creates criminal penalties for elder abuse, and has long been advocated for by Task Force members Larry Kudej and Bob Welsh.

Jeff Kellbach, Johnson County Livable Community

- Senior Farmers' Market Nutrition Program checks have arrived at Heritage and should be to Jeff in the near future. JCLC will host distribution events for consumers.

Jill Weetman, Solon Senior Support

- Activity survey had 80 replies with the top requests being exercise, speakers and walking groups. As a result, they're starting up a weekly walking group and speaker series.
- Chair yoga and coffee groups are so popular that extra times/classes are being considered.

Rebecca Nielsen, Emergency Management

- PrepWise training took place last week and now looking to offer programs around the community.
- With the ongoing Heat Advisory, referred members to a resource sheet for tips to stay cool and healthy.

Larry Kudej

- Older Iowans Legislature will have its annual meeting on Monday, Sept. 26. Larry solicited feedback from past attendees regarding in-person, hybrid or virtual format. All agreed in-person is most desirable, but acknowledged accessibility and safety could play a big role in final decision.

### Meeting Schedule for FY 2023

With Heritage's new Fiscal Year starting in July, Lindsay asked if the current meeting time (second Monday at 2 p.m.) will continue to work for the newly-merged group. There being no objections, meeting time will remain the same. Meetings are typically skipped in July and January, but the final decision for July will be made at the end of the meeting based on follow-up needs.

### Continuing SWOT Analysis

Lindsay reviewed the results from last month's portion of the SWOT analysis and noted that for today's purposes, some of the previously-noted challenges could also present opportunities and goals ahead. Jeff liked this idea the challenges considering diversity and increased old adults' perspectives. Lindsay reminded the group that membership needs to be at least 50% older adults, which it currently is.

Ideas submitted for possible things to accomplish/work on included:

- Add older adults' perspective
- Educate legislature/government on older adults' concerns, needs, etc.
- Make sure older adults are part of the conversation
- Gap initiative (TBD)
- Anti-ageism campaign

- Identify terminology
- Reduce/eliminate overlap
- One-stop shop of social services
- Internal information system
- Pilot collaborative grant project
- Rural senior support
- Identify/target older adults with no voice
- Database for information and resources (Emergency Management uses Alert Iowa and [Project Life Saver](#))
- Opportunities to educate public on issues

After brainstorming, members present were each given five dot stickers to anonymously assign to the listed items. Dots could be allocated any way desired (all on one, spread out, etc) according to each person's preference for the goals to work on. Harrison will facilitate an electronic version of this voting for members not physically present.

#### Open Agenda

No items presented.

#### Adjournment

Members decided a July meeting would be preferred to continue discussions started last month and today. Next meeting is scheduled for July 11 at 2 p.m.

Meeting adjourned at 3:10 p.m.

Submitted by Harrison March, Heritage AAA